Engaged, cohesive, strong communities
Dear Supporters and Friends,

We are pleased to release the annual report for 2012. Thank you for making 2012 such a successful year. With small initiatives with a substantial impact in mind, FCA operated with very low administrative costs (10%) and the assistance of volunteers. In 2012, FCA implemented 22 projects with a total value of 1.3 million RMB (211,743 USD) meeting urgent needs of 18,094 marginalized Tibetans.

A small, pioneering grassroots NGO that began in 2008 in east-central Qinghai Province (Amdo), FCA targets impoverished communities in Mangra (Guinan) County, Hainan Tibetan Autonomous Prefecture, Qinghai Province. Over eighty projects have been completed to-date including clean water, sanitation, crop irrigation, solar cookers, desert reclamation, clothing distribution, holiday teaching programs, vocational training, libraries, scholarships, and preserving a record of endangered cultural heritage. FCA members from local communities use a participatory, community-based approach to devise, implement, facilitate, and monitor projects.

With each project contingent on finding external funding every year, FCA recognizes the importance of establishing social entrepreneurship programs that empower impoverished communities to overcome poverty, and solve social problems in a locally appropriate and sustainable way. FCA staff hope to assist more marginalized communities in future with further innovative solutions.

Thank you again for your tremendous support.

Sincerely,

Nangchukja
Director
Friendship Charity Association
www.friendshipcharity.org
30 January 2013
Friendship Charity Association (FCA) is a non-governmental, non-profit, non-religious organization with fifty members that bridges between donors and Tibetan communities. It was registered with the Civil Affairs Bureau, Mangra County in October 2008.

OUR VISON
A better future for the impoverished people of east-central Qinghai (Amdo)

WHAT WE DO
Promoting disadvantaged communities by assisting locally identified needs in:
◊ basic education
◊ water and sanitation
◊ environmental protection
◊ cultural preservation
◊ social business initiatives

HOW WE DO IT
Our goals and principles are best achieved by:
◊ a participatory approach in researching local conditions;
◊ strengthening communication between organizations, donors, and volunteers to conduct project planning;
◊ building local capacity;
◊ sharing results and experiences with other local organizations;
◊ prioritizing sustainability and effectiveness of each project and program;
◊ maintaining professional integrity;
◊ treating all those engaged in our work with respect;
◊ being humble in our words and actions, listening to all opinions; and
◊ truly and responsibly pursuing our vision and mission.

WHERE WE OPERATE
FCA focuses on meeting acute needs of impoverished people in east-central Qinghai, primarily in Mangra (Guinan) County in Mtsho lho (Hainan) Tibetan Autonomous Prefecture, which is home to 68,323 people (14,292 households), of whom 74% are Tibetan. Herding and farming are key economic activities in 73 administrative villages and in three herding and three farming townships and towns of Mangra.
FCA is registered in accordance with Chinese law and is governed by a Board of Directors consisting of fifty members, two board directors, seven standing board members, and four local government advisors.

Nangchukja, a Mangra Tibetan native, is a graduate of Qinghai Normal University. He has studied at the EDS Business School and received a dual MBA in Human Resource Management from Akamai University in Hawaii, USA, and from Ifugao State University in the Philippines. Nangchukja has implemented over eighty development projects since June 2005.

Email: nangchukja@friendshipcharity.org
Phone: (+86) 186 9711 9221
150 0971 5285

Kawa Namgyal, a Mangra Tibetan native lectures in English to Tibetan students at Qinghai Normal University. He received his MA in Applied Sociology and Anthropology from the Ateneo de Manila University. Currently, he is pursuing a PhD in Tibetan History and Religion at Minzu University of China. He has a rich background in social work.

Email: kawa@friendshipcharity.org
Phone: (+86) 138 9704 9976

Sangjee Drondrub, a Tibetan native of Hualong County, graduated from Dalian Maritime University, worked in Guangzhou for three years, and has worked for FCA since June 2010. He focuses on IT and cultural preservation. He recently attended the International Visitor Leadership Program (IVLP) in the US.

Email: sangjee@friendshipcharity.org
Phone: (+86) 150 0971 5526

Namjay Tsering, a Tibetan native of Hualong County and a graduate of Qinghai Normal University, currently manages FCA finances, the education program, and translate documents and reports between Tibetan, English, and Chinese.

Email: namjay@friendshipcharity.org
Phone: (+86) 158 0971 4064

2012 REVIEW

Total Value: 1.3 million RMB
Finished Projects: 22
Local Contribution: 536,890RMB
Donor Contribution: 782,762RMB

2012 Financial Review

- Cultural Preservation: 308,247RMB (21%)
- Water and Health: 325,725RMB (23%)
- Operational Cost: 129,000RMB (10%)
- Education: 556,680RMB (41%)

Total: 782,762RMB (59%)
Donor: 356,298RMB (41%)
Local: 426,464RMB (59%)

Our team:

- Project Director, Nangchukja
- Deputy Director, Kawa Namgyal
- Project Manager, Sangjee Dondrub
- Financial Manager, Namjay Tsering
OVERALL

Improve local literacy rates and improve education. FCA implements projects targeting:

- Libraries
- Holiday teaching programs for junior middle school students.
- Basic courses in math, Chinese communication skills for local villagers, and written Tibetan
- Scholarships for senior middle school and university students
- Vocational training for young villagers

SUMMARY 2005-2012

<table>
<thead>
<tr>
<th>Project Type</th>
<th>Total Value (RMB)</th>
<th>Benefits</th>
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<tr>
<td>Kindergarten Supplies</td>
<td>377,994</td>
<td>384 children from 4 schools</td>
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<td>Teaching Program</td>
<td>252,954</td>
<td>1,500 students from 14 village schools</td>
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<td>Scholarship</td>
<td>170,320</td>
<td>29 students</td>
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<td>Literacy Training</td>
<td>153,423</td>
<td>128 villagers and 4 libraries</td>
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<td>Library Book</td>
<td>93,963</td>
<td>1,044 students from 3 schools</td>
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<tr>
<td>Journal Publication</td>
<td>12,000</td>
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<tr>
<td>Kindergarten Teacher Training</td>
<td>11,500</td>
<td>20 teachers</td>
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</table>

FCA has piloted a Tibetan, English, and Chinese Teaching Program since 2005 in Bon skor Tibetan Community, which is held twice yearly. The program strengthens students' knowledge of Tibetan, English, and Chinese thus empowering students in encounters with the outside world and raising local awareness of the importance of education.

This teaching program has been an on-going success. Twenty-five students took the college entrance examination in June 2012. Eight students entered four-year BA programs in universities in Qinghai, Sichuan, and Gansu. The remainder of the students entered three-year associate degree colleges. This is the first time Bon skor Tibetan Community has had a high number of students take the college entrance examination.

Once aware of the positive impact of these teaching programs, many community schools have approached FCA for external assistance. FCA subsequently brought similar teaching programs to six other local community schools in 2011 and 2012. We wish to expand such teaching programs while further exploring how locals can support such programs in a self-sustaining way.

Final report online:
2012: http://tinyurl.com/a4u2gxd
2011: http://tinyurl.com/6ovicgzy
Students attend the FCA Teaching program held annually during summer and winter holidays. Ban shul Tibetan Community started the program in 2010. A group of local trustees and volunteers cooperate with FCA to hold the annual programs.

FCA expanded the annual program to Waja Tibetan Village in 2011. A group of college graduates and local leaders volunteer to organize the program. FCA covered basic expenses, designed teaching materials, and recruited teachers for the program.

A group of students take class outside the classroom at Serji Methok School. Student-centered teaching methods are emphasized throughout the program. Many classes were in open spaces allowing students and teachers to better engage.

Students take final exams outside the classroom without being crowded in the classroom. This also restricts the possibility of cheating.

A local government policy in 2008 moved most local village primary school students (grades one to six), chairs, stools, and desks to local county and township center schools. Most communities in Mangra County are without pre-elementary education programs. Only ten kindergartens were government-supported in Mangra County in 2011; at least fifty communities lack proper kindergartens. On average, each school had fifty to sixty students in 2008. The school-age children in the county suitable for pre-elementary education programs number 6,633 (3,083 children aged four to six; 1,071 children are less than four); 468 children are from the county town and 6,165 are from seventy-three villages. The distance between these villages and the county town ranges from five to eighty-six kilometers. Current kindergartens enroll only thirty-two percent of these children.

Many communities lack a qualified manager or headmaster for kindergarten classes, children's books, sports items, and desks. Consequently, many children remain at home while those at school were misguided and found school and textbooks to be boring in a poor study environment.

FCA has implemented basic education supplies and kindergarten teacher training in five local community-based kindergartens creating a better study environment. A Tibetan kindergarten workshop held in Xining trained local teachers in cooperation with a partner organization that introduced new teaching methods. FCA also placed linguistically and culturally appropriate kindergarten textbooks and children's interest books.

Final report online:
2012: http://tinyurl.com/9wh4cfz
2011: http://tinyurl.com/7wbznju
2011: http://tinyurl.com/7dghso3
The German Embassy in Beijing provided student recreational equipment in a Tibetan Community Kindergarten. FCA has implemented, monitored, interviewed, and reported the project.

Students can now access such modern school materials as illustrated books, and study desks and stools. Such project items as wallpaper allows local students and teachers create their own drawings and papers posted on wall.

The kindergarten project materials include books, toys, textbooks, sports equipment, and more. Kindergarten students now access education supplies during and after class.

The project brought two different play areas. Students can play with the new items inside the classroom and outside. In this picture, students play in a classroom that has been converted into a play area.

The Rhythm of Bya chu (bya chu‘i gyur khugs) is a Tibetan-language journal focusing on non-political poetic and literary works, non-fiction essays, and short stories translated from Chinese and English that strives to encourage students to study and write in Tibetan. Local writers are encouraged to contribute their work for publication. The journal editorship hopes locals will take an interest in seeing their children's works published and thus better realize the value of education, thereby encouraging them to send their children to school rather than keeping them at home to work.

From 2003, the Bon skor Tibetan Village Primary School periodically published the journal with locally raised funds. Fortunately, since 2011 funding was found that allowed for the publication of 500 copies (in 2012) and in subsequent years. Meanwhile, new editorship came to the journal.

The journal may be viewed on-line at:
http://www.digitalhimalaya.com/collections/journals/rbc/
Mr. Richard Harland visits a family of a student, who he has been supporting since 2007.

Local students often lack financial support and discontinue education while in senior middle school and university. Most such students’ families herd sheep, goats, yaks, and cattle or, if they are farmers, cultivate barley, wheat, and potatoes. The average annual cash income per person is 363-600 RMB. Locals sell livestock, sheep wool, and caterpillar fungus and seldom go outside the local area to work due to limited Chinese language skills.

With poor family conditions, many students remain at home, marry, do family chores, and repeat the cycle of poverty. FCA is supporting twenty-five students in senior middle schools and in colleges. Many more students urgently need scholarships.

Lhamo Tashi, studied at Southwest Nationalities University in Sichuan Province. With support from ERM, he finished his BA in Tibetan Language and Literature.

Second from left is Bande Tsedan, a student sponsored through FCA. He currently studies at Qinghai Nationalities University.

The Mangra County government implemented policies in resettlement planning, grassland division, and fencing to reduce the number of livestock. As a result, local family income was reduced and many locals had to give up a traditional lifestyle. Some communities were resettled near local towns. None such community members were given job training prior to resettlement. Lacking of the Chinese language, combined with absolute illiteracy, means that many locals find it difficult to earn a living. Due to lack of vocational and communications skills, few locals, especially from farming communities, go outside to work at waitressing, construction work, herding, and tailoring. Such work earns 500-1,000 RMB per month per person. Illiterate youths increasingly turn to crime to obtain money, which is partially the result of lacking vocational skills that would provide income.

FCA established five vocational training centers in 2011 and implemented literacy programs (basic Tibetan, Chinese, Math, and business skills) to about 200 illiterates in five Tibetan villages. Along with the training, the classroom was equipped with such education resources as a computer and books for each center.

Mr. Richard Harland visits a family of a student, who he has been supporting since 2007.

Book resources were provided to the literacy training center. There are four centers in Mangra County. Locals may borrow books from the community center.

Local villagers attend the FCA winter literacy training program. The program provides basic knowledge of Tibetan, Chinese, and math for locals that benefit them in their work.
**OVERALL**

In order to improve local sanitation and access to water, FCA seeks funds to do projects focusing on:
- Solar energy
- Running water
- Irrigation
- Holding health-training programs
- Building health clinics
- Building toilets
- Warm clothing

**SUMMARY 2008-2012**

- **Running Water**
  - Total Value: 1,586,362 RMB
  - Benefits: 1,028 villagers

- **Health Clinic**
  - Total Value: 208,483 RMB
  - Benefits: 2,847 villagers; 2 clinics

- **Toilet and Pigsty**
  - Total Value: 138,987 RMB
  - Benefits: 450 villagers

- **Solar Heater Bathroom**
  - Total Value: 131,400 RMB
  - Benefits: 130 villagers; 25 bathrooms

- **Earthquake Relief**
  - Total Value: 100,000 RMB
  - Benefits: 100 tents, 40,000 articles of clothing

- **Health Training**
  - Total Value: 14,060 RMB
  - Benefits: 1,028 villagers

- **Health Clinic**
  - Total Value: 208,483 RMB
  - Benefits: 2,847 villagers; 2 clinics

- **Secondhand Clothes**
  - 9,809 villagers; 60,058 articles of clothes and toys

- **Wheelchairs**
  - 200 wheelchairs; 200 disabled people

Locals may be forced to travel ten to twenty km a day to fetch drinking water, and water their livestock. Locals carry plastic water containers on their backs, use motorcycles, pull carts, and use donkeys. Since water is inadequate, locals do not wash clothing and bathe frequently, thus personal hygiene and sanitation facilities conditions are poor.

FCA has implemented eight clean water projects in nine communities.

Past relevant final reports online:
- [http://tinyurl.com/7tat3eg](http://tinyurl.com/7tat3eg)
- [http://tinyurl.com/a3m5wr8](http://tinyurl.com/a3m5wr8)
- [http://tinyurl.com/b7gnvmt](http://tinyurl.com/b7gnvmt)
BATHROOM PROJECT

Prior to the project, recipients lacked access to easy bathing. Most locals bathed once a year or never. They had to travel at least two to fifty kilometers to bathe in the nearest local township or county towns. Locals use sheep and cow dung, and coal to heat water. Some families do not heat water to wash clothes or wash their hands. Because of a lack of hot water, many locals wash their clothes once every two to three months; others wash at longer intervals, or never.

Locals lack sanitation and hygiene awareness and easily become ill. Women pay little attention to their health, partly because they have received no, or very little, instruction about health and hygiene. Even when they are unwell, they must wake up early and work hard all day. According to local doctors, many sicknesses are aggravated by lack of access to bathing facilities.

With the support of the German Embassy in Beijing, this project provided twenty low-cost, environmentally friendly solar energy water heaters for twenty Tibetan families in three communities. The project provided bricks, cement, and the solar water heaters to build the bathrooms. Locals contributed other materials and labor.

Members of the twenty families are now able to bathe frequently, more easily drink hot water, and use hot water to wash clothes. With a basic short term health training with the project, locals’ personal hygiene and sanitation awareness is improved.

This project provided an excellent model of hot water heaters and their many benefits to neighbor families and communities.

Overall, the solar heater project meets villagers’ daily need for hot water and allows them to lead more healthy, comfortable lives.

2012 final report online: http://tinyurl.com/anlbalb

CLOTHES

Very impoverished families lack adequate clothing. The areas where clothes are distributed are at high altitude and experience five months when the average temperature is around minus fifteen degrees. In 2012, FCA brought 10,400 articles of clothing to 5,200 Tibetan residents. In 2011, FCA brought 9,448 articles of clothing to 4,431 Tibetan residents.

2012 final report online: http://tinyurl.com/bdsykjf
2011 final report online: http://tinyurl.com/6w5stabf
The loss of cultural heritage is accelerating as locals are increasingly exposed to the outside world through radio, television, DVD/VCD, and the Internet. FCA records traditional songs and videotapes festivals and conversations with elders. Since February 2010, FCA has recorded more than 600 folksongs, organized and recorded New Year ceremonies, and organized an annual folksong competition. FCA edits this material, publishes DVDs and CDs, and returns them to local communities. Some of these materials are archived on-line and many more are underway:

- http://www.archive.org/details/MangraTibetan

The death of culture accelerates when it is not regularly practiced. As times passes, traditional rituals and weddings in Mangra become increasingly abbreviated because people are ‘too busy’ and no longer very interested. In many areas of Qinghai, for example, no wedding songs are sung at all. Instead, one or two large TV screens play DVDs/VCDs at weddings of Tibetan and Chinese performers. Each year that a song is not sung increases the chance it will never be heard again. Songs need to be sung to be remembered, but they are not sung unless there is an audience. Each time an aged tradition-bearer passes away, their knowledge of songs, festival details, and so on—this irretrievable cultural heritage passed down over countless centuries—also vanishes. It is this threat that this program is painfully aware of and has developed in response to.

Songs and other traditional knowledge that this program records are the heart of local Tibetan culture. With children increasingly educated in the Chinese language and being bombarded on every side by the notion that ‘modern is best’, there is little place for traditional forms of culture such as songs. What will Tibetan culture be then, in two decades, in such areas as Mangra? We hope to preserve a record that later generations can fall back on and re-learn. We also hope to increase a sense of value of tradition among young people who will be engaged in this program. Finally, we hope that this program might serve as a model for other minority communities across China; that it might be well-known enough, especially through internet sources that other minority peoples might follow suit.

The overall value of the recording and filming is 105,247RMB. This includes:
- 1,200 folksongs
- 2 documentaries
- 1,200 copies of 9 volumes of DVD/CDs
Phying Zhwa ‘felt hat’, has been a popular traditional hat that is waterproof, long-lasting, and mostly seen in Amdo. FCA revitalized it through elders’ skills and now trains youngsters in its manufacture.

Thags is a traditional Tibetan technique used to weave yak hair and wool fabric. Locals turn it into clothes and tent. This technique is endangered. FCA is doing a documentary about it.

Recording and filming are used to capture traditional local culture. FCA organizes and films song competitions.

A local religious ritual. FCA makes documentaries about religious and cultural activities.

‘Cham’, is a religious dance performed by monks. This photo is from a local Bon monastery, part of a FCA documentary in traditional rituals.

LFCA organizes dancing, singing, speeches, and comedy competitions during Losar, or the Tibetan New Year period.

Environmental Protection

Mangra County has the largest desert, which is rapidly increasing size, in Hainan Prefecture. Increased stocking rates caused by land reallocation and decreased pasture availability, due to creation of a large reservoir, has led to erosion and increased desertification. Further options and environmental protection awareness are urgent needs in local areas. FCA seeks to do reforestation projects and hold meetings to raise awareness of the importance of environmental protection.
SOCIAL BUSINESS INITIATIVES

OVERALL

Establishing social businesses in local communities empowers impoverished communities to overcome poverty, and solve social problems in a self-guided, sustainable way. Securing resources locally allows FCA to implement additional projects. To gain further knowledge and contacts to make this more successful, FCA staff have attended programs such as the Global Young Leadership Program, Social Enterprise Summit, Global Engagement Summit, and CSR Training Programs in China.

TIBETAN HANDICRAFT DEVELOPMENT

This project addresses cultural loss, and the lack of social and economic enterprises able to address the root causes of pervasive poverty in the targeted Mangra communities. FCA’s research on social business indicates the urgent need and opportunity for such projects, particularly with Tibetan textile handicrafts. Currently, many traditional Tibetan arts and folk practices are at risk of vanishing. Skilled artisans who previously produced traditional Tibetan wares are forced by economic pressures to give up these vocations for short-term, but unsustainable, income generation opportunities.

For these reasons, FCA established a cooperative workshop in Gomang Town equipped with equipment and supplies enabling primarily women to produce traditional items on site. This project employed ten full time craftspeople (1,500 RMB – 2,500 RMB per person per month), and trained over forty volunteer Tibetan artisans with the infrastructure, distribution, and training capabilities to tap into promising markets, translate their skills into income-generating opportunities, and preserve traditional craftsmanship. Artisans will employ the same skills to produce such traditional items as robes and tents, for Tibetan communities as well as t-shirts and bags for sale to urban customers.

We plan to eventually reinvest the proceeds to establish similar workshops in other Tibetan areas. Establishment of retail outlets in Chinese cities and a website for sales to urban and foreign customers are underway.

Further current information may be viewed at:
http://www.globalgiving.org/projects/a-hundred-friends/

SUMMARY
2010-2012

Handicraft Business
Total Value: 390,854RMB
trained 130 women
**ACKNOWLEDGEMENTS**

**Organizations**
- British Embassy in Beijing
- Crown Relocation
- ERM Foundation
- German Embassy in Beijing
- GlobalGiving
- HuaQiao Foundation
- Henkel
- US Embassy in Beijing
- 100 Friends
- A Pleins Mains (APM)
- British Chamber of Commerce, Shanghai
- British Consulate General
- Consulate General of Switzerland
- City of London Shanghai Rep office
- Goodyear Tire Management Company (Shanghai) Ltd.
- German Centre for Industry and Trade Shanghai Co. Ltd.
- Gold Cider
- HUGE Design Studios
- KPMG
- KEE Club

**Individuals**
- Charlotte Johnsson
- Gerald Roche
- Jakbum Gyal
- lhaga
- Martina Beszédesová
- philip Jones
- richard Harlan
- ramona Johnson
- rinchen Dondrub
- SpA Wash
- Shanghai International Studies University

Others who wished to remain anonymous

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**COMPLETED PROJECTS**

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<th>No.</th>
<th>Project Title</th>
<th>Donors</th>
<th>Donor RMB</th>
<th>Local RMB</th>
<th>Beneficiaries</th>
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<td>9,535</td>
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<td>Philip Jones</td>
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<td>Operation Cost</td>
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**TOTAL** 784,762 535,390 18,094
We sincerely thank the many people who generously helped FCA in 2012.

Contacts:

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