PLATEAU ENGLISH ONELINE LESSON FIVE: MAKING RTSAM PA

A: Hi Rin chen. How are you?
B: I'm doing well thanks. You?
A: Fine, thanks.
B: So, what should we do today?
A: How about we make rtsam pa? Can you show me how to make rtsam pa?
B: Sure! First we need these things: barley flour, tea, cheese and sugar, butter, and also we need bowls.
A: So, what do I do first?
B: First, you put the butter in the bowl.
A: How much butter should I put in?
B: Just a piece.
A: OK, what do I do next?
B: Next, you put sugar and cheese.
A: How much cheese and sugar should I put in?
B: Just a little.
A: Like this?
B: Yeah, that's perfect.
A: OK. Then, what's next?
B: Next, you pour some tea in the bowl.
A: How much tea should I pour?
B: OK, like this.
A: OK, thanks what do I do next?
B: Next, put in some barley flour.
A: How much barley flour should I put in?
B: Just two or three handfuls.
A: Like this.
B: Yes. Now you should mix it.
A: How should I mix it?
B: Start with your finger. Like this.
A: Hmmm, that looks difficult.
B: OK, let me do it.
A: Thanks.

A: OK, now the rtsam pa is finished. Do you want to try it?
B: Yes please.
A: OK, here you go.
B: That's delicious! Thanks for your help.
A: No problem.
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དེ་ན་དེ་རིང
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ཐོག་མར་མར་དེ་
ན་བོལ་མར་ལེབ་ཞིག་གི་ཆོག
རེད། ལེབ་ཅང་བཟང་གི་
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བར་བདེ་མོ་ཡིན་ཡ།
དེ་ན་དེ་རིང
ཡང་དགོས།
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ཇ་དེ་དཀའ་མོ་རེད།
ལ་དེ་ཨོ་ཡ། འདོད་གི
ཆོག་གི་ས
Exercises

Questions

1. What do they make? _______________________________________________________________

2. What do you need to make *rtsam pa*? ______________________________________________

3. What did they put in the bowl first? _________________________________________________

4. How much cheese did they put in? __________________________________________________

5. How much butter did they put in? __________________________________________________

6. How much barley flour did they put in? ______________________________________________

7. What did they pour into the bowl? __________________________________________________

8. Do you think mixing *rtsam pa* is difficult? __________________________________________

9. How is Rin chen doing? __________________________________________________________

10. What did Rin chen and his friend do today? _________________________________________

Watch the movie.

01:20. How many people are there? ___________________________________________________

01:20. Where are they? ______________________________________________________________

01:40. What is in Rin chen's hand? __________________________________________________

02:00. What is on the table? _________________________________________________________

02:25. What is the man putting in his bowl? ____________________________________________

02:45. Who is pouring tea? __________________________________________________________

03:10. What are they putting in their bowls? ____________________________________________

03:35. What is the man giving Rin chen? ______________________________________________

03:50. What is the man doing? _______________________________________________________

New Dialog.
A tells B how to make *rtsam pa*.
B tells A how to make noodles.